

# Terms and Conditions

## 1. Introduction

These terms and conditions apply to the posting of photos and recipes on <https://nourrirlessouvenirs.com> and <https://nourrirlessouvenirs.com/en> [Boulangerie St-Méthode Inc.] for advertising purposes in Québec. By submitting Content to the Company, you agree to these terms and conditions without reservation.

## 2. Eligibility

- You must be a resident of Québec and eighteen (18) years of age or older to submit Content to the Company.
- All Content you submit must be original and must not breach any copyright or other intellectual property rights.

## 3. Submitting Content

By submitting Content to the Company, you grant the Company a non-exclusive, royalty-free, and transferable licence to use, reproduce, distribute, publicly display, and publicly implement the Content for advertising purposes and to create works derived from such Content.

## 4. Intellectual Property Rights

You state and certify that you are the owner of the intellectual property rights to the Content you submit. You undertake not to submit any Content for which you do not hold the requisite rights.

## 5. Use of Content

The Company reserves the right to use the Content it receives at its discretion, including, but not limited to, in its online and offline advertising campaigns, on its web sites, on social media, in print publications, in advertisements, and so forth.

## 6. Payment

No payment may be made for any Content that we receive or use. By submitting Content to the Company, you agree that the Company may use it without any payment obligation.

## 7. Right to Amend

The Company reserves the right to amend, crop, edit or delete any Content it receives, at its sole discretion, without prior notice or obligation to you.

## 8. Privacy

The Company undertakes to treat the personal information it receives part of the Content you submit in accordance with its privacy policy.

## 9. Release

You agree to release the Company and its officers, directors, employees, and agents from and against any and all claims, actions, losses, liabilities, expenses, and damages arising out of, or relating to, your submission of Content to the Company or its use of such Content.

## 10. Applicable Laws

These terms and conditions shall be subject to, and construed in accordance with, the laws of the Province of Québec.

## 11. Acceptance of Terms and Conditions

By submitting Content to the Company, you acknowledge that you have read, understood, and accepted these terms and conditions.